



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: Brief Anger-Aggression Questionnaire

SOURCE ARTICLE: Maiuro, R. D., Vitaliano, P. P., & Cahn, T. S. (1987). A brief measure for the assessment of anger and aggression. *Journal of Interpersonal Violence*, 2(2), 166-178.

POPULATION: men, patients

RESPONSE OPTIONS: (0) Not at all, (1) Rarely, (2) Sometimes, (3) Frequently, (4) Very frequently

SCORING: Threshold score of 9 can be interpreted as indicating a fair likelihood of anger dyscontrol and interpersonal violence

SURVEY ITEMS:

[This instrument has already been formatted by the author. Please see attached.]

RELIABILITY INFORMATION: Cronbach's $\alpha = .82$; test-retest assessed

VALIDITY INFORMATION: The following method were used to assess validity:

Content-validity

- Derived from theory and empirical evidence

Construct validity

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



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- BAAQ & Buss-Durkee Hostility Inventory
- Criterion-related validity
- Compared violent to nonviolent samples of men
 - Tested sensitivity to changes in psychological status

FACTOR ANALYSIS:

Factor analysis yielded 1 factor.

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Appendix
Brief Anger Aggression Questionnaire

Directions: Read the statements listed below. Rate each one so that it describes your current way of feeling or behaving.

(1) When I really lose my temper, I am capable of hitting or slapping someone.

0	1	2	3	4
Extremely unlikely	Unlikely	Possible	Likely	Very likely

(2) I get mad enough to hit, throw, or kick things.

0	1	2	3	4
Not at all	Rarely	Sometimes	Frequently	Very frequently

(3) I easily lose my patience with people.

0	1	2	3	4
Not at all	Rarely	Sometimes	Frequently	Very frequently

(4) If someone doesn't ask me to do something in the right way, I will avoid, delay doing it, or not do it at all.

0	1	2	3	4
Not at all	Rarely	Sometimes	Frequently	Very frequently

(5) At times I feel I get a raw deal out of life.

0	1	2	3	4
Not at all	Rarely	Sometimes	Frequently	Very frequently

(6) When I get mad I say threatening or nasty things.

0	1	2	3	4
Not at all	Rarely	Sometimes	Frequently	Very frequently
