



UNC CFAR Social and Behavioral Science Research Core  
SABI Database

**INSTRUMENT TITLE:** SIRS: Single Item Rating Scale

**SOURCE ARTICLE:** Pellowski, J. A., Kalichman, S. C., & Finitis, D. J. (2015). Reliability and validity of a single-item rating scale to monitor medication adherence for people living with HIV and lower health literacy. *HIV clinical trials*, 16(1), 1-9.

**POPULATION:** Women, men, HIV-positive, African American, Latino

**RESPONSE OPTIONS:** Indicator of level of adherence 0-100%.

**SCORING:** 0-100%

**SURVEY ITEMS:** “Please indicate on the line below at the point showing your best guess about how much of your HIV medications you have taken in the past 30-days, or past month.”

**RELIABILITY INFORMATION:** Reproducibility was assessed.

**VALIDITY INFORMATION:** Known group validity was assessed. Criterion-related validity was assessed via comparison with pill counts and viral load.

**TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

Pellowski, J. A., Kalichman, S. C., & Finitis, D. J. (2015). Reliability and validity of a single-item rating scale to monitor medication adherence for people living with HIV and lower health literacy. *HIV clinical trials*, 16(1), 1-9.

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