



UNC CFAR Social and Behavioral Science Research Core  
SABI Database

**INSTRUMENT TITLE:** Self-Reported Adherence Questionnaire

**SOURCE ARTICLE:** Kagee, A., & Nel, A. (2012). Assessing the association between self-report items for HIV pill adherence and biological measures. *AIDS care*, 24(11), 1448-1452.

**POPULATION:** Women, men, HIV-positive, patients

**RESPONSE OPTIONS:** Visual analogue: indicate percentage of medication taken; Yes/No; # of missed doses

**SCORING:** 14-X (x=number of doses missed over past 7 days).

**SURVEY ITEMS:**

1. How many doses of your HIV medication did you miss in the last 7 days?
2. Put a mark on the line below at the point that shows your best guess about how much of your prescribed HIV medication you have taken in the last month.
3. During the last two weeks, did you forget to take your HIV medications?
4. When you feel better, do you sometimes stop taking your HIV medication?
5. Sometimes if you feel worse, do you stop taking your HIV medication?
6. Did you forget to take any of your HIV medication over the past weekend?

**RELIABILITY INFORMATION:** Cronbach's  $\alpha = 0.61$  for six items, all except one had corrected item-total correlations above 0.4.

**TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



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**VALIDITY INFORMATION:** Criterion-related validity was assessed via comparison with viral load and CD4 count.

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