



UNC CFAR Social and Behavioral Science Research Core  
SABI Database

**INSTRUMENT TITLE:** Self-Reported Adherence Questionnaire

**SOURCE ARTICLE:** Wilson, I. B., Lee, Y., Michaud, J., Fowler, F. J., & Rogers, W. H. (2016). Validation of a new three-item self-report measure for medication adherence. *AIDS and Behavior*, 20(11), 2700-2708.

**POPULATION:** Women, men, African American, Latino, patients

**RESPONSE OPTIONS:** # of doses missed; 5-point (never, rarely, sometimes, usually, almost always, always); 5-point (very poor, poor, fair, good, very good, excellent).

**SCORING:** 0-100 (worst or best)

**SURVEY ITEMS:**

1. In the last 30 days, on how many days did you miss at least one dose of any of your [drug name]? (write in number of days, 0–30). [Note that “days taken” is 30 minus the number of days missed.]
2. In the last 30 days, how often did you take your [drug name] in the way you were supposed to? (never/rarely/sometimes/usually/almost always/always)
3. In the last 30 days, how good a job did you do at taking your [drug name] in the way you were supposed to? (very poor/poor/fair/good/very good/ excellent)

**RELIABILITY INFORMATION:** Cronbach’s  $\alpha$  for HIV ARVs = 0.84; Cronbach’s  $\alpha$  for non-ARVs = 0.87.

**TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



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**VALIDITY INFORMATION:** Content validity was assessed. Known group validity was assessed. Criterion-related validity was assessed via comparison with Medication Event Monitoring Systems (MEMS).

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